

## Landesrekorde im Bankdrücken Equipment der Frauen

Verein	Gewicht	Datum
--------	---------	-------

**43,0 Kg**

Jugend B	Standard	25,0 Kg	
Jugend A	Standard	37,5 Kg	
Junioren	Standard	47,5 Kg	

**47,0 Kg**

Jugend B	Standard	30,0 Kg	
Jugend A	Standard	45,0 Kg	
Junioren	Standard	60,0 Kg	
Aktive	Standard	80,0 Kg	
AK I	Standard	65,0 Kg	
AK II	Standard	60,0 Kg	
AK III	Standard	50,0 Kg	
AK IV	Standard	37,5 Kg	

**52,0 Kg**

Jugend B	Standard	37,5 Kg	
Jugend A	Standard	55,0 Kg	
Junioren	Standard	67,5 Kg	
Aktive	Standard	90,0 Kg	
AK I	Standard	72,5 Kg	
AK II	Standard	62,5 Kg	
AK III	Standard	55,0 Kg	
AK IV	Standard	42,5 Kg	

**57,0 Kg**

Jugend B	Standard	42,5 Kg	
Jugend A	Standard	60,0 Kg	
Junioren	Standard	77,5 Kg	
Aktive	Standard	97,5 Kg	
AK I	Standard	75,0 Kg	
AK II	Standard	65,0 Kg	
AK III	Standard	60,0 Kg	
AK IV	Standard	47,5 Kg	

**63,0 Kg**

Jugend B	Standard	50,0 Kg	
Jugend A	Standard	67,5 Kg	
Junioren	Standard	85,0 Kg	

## Bankdrücken

Aktive	Standard		105,0 Kg	
AK I	Standard		85,0 Kg	
AK II	Standard		72,5 Kg	
AK III	Standard		62,5 Kg	
AK IV	Standard		50,0 Kg	

Verein	Gewicht	Datum
--------	---------	-------

### 69,0 Kg

Jugend B	Standard		52,5 Kg	
Jugend A	Standard		70,0 Kg	
Junioren	Standard		90,0 Kg	
Aktive	Standard		110,0 Kg	
AK I	Standard		90,0 Kg	
AK II	Standard		75,0 Kg	
AK III	Standard		65,0 Kg	
AK IV	Standard		55,0 Kg	

### 76,0 Kg

Jugend B	Standard		57,5 Kg	
Jugend A	Standard		80,0 Kg	
Junioren	Standard		97,5 Kg	
<b>Aktive</b>	<b>Katja Broxtermann</b>	<b>Sanssouci Gym e.V. Potsdam</b>	<b>140,0 Kg</b>	<b>07.09.24</b>
AK I	Standard		95,0 Kg	
AK II	Standard		82,5 Kg	
AK III	Standard		72,5 Kg	
AK IV	Standard		60,0 Kg	

### 84,0 Kg

Jugend B	Standard		60,0 Kg	
Jugend A	Standard		85,0 Kg	
Junioren	Standard		105,0 Kg	
Aktive	Standard		120,0 Kg	
AK I	Standard		102,5 Kg	
AK II	Standard		85,0 Kg	
AK III	Standard		75,0 Kg	
AK IV	Standard		62,5 Kg	

### +84,0 Kg

Jugend B	Standard		65,0 Kg	
Jugend A	Standard		92,5 Kg	
Junioren	Standard		107,5 Kg	
Aktive	Standard		127,5 Kg	
AK I	Standard		105,0 Kg	
AK II	Standard		90,0 Kg	
AK III	Standard		80,0 Kg	

## Bankdrücken

AK IV	Standard		65,0 Kg	
-------	----------	--	---------	--

09.09.24

Bankdrücken

--

--

--

<b>Ort</b>
------------






Bankdrücken


**Ort**


<b>LM Bank Potsdam</b>



## Bankdrücken